

HWA RANG DO 2023 SUMMER EVENTS - LUXEMBOURG

	Arrival Day Friday 6/30	Seminar Day 1 Saturday 7/1	Tournament Day 1 Sunday 7/2	Tournament Day 2 Monday 7/3	Open Seminar Tuesday 7/4	Open Seminar Wednesday 7/5	Open Seminars Thursday 7/6	Evening Gala Friday 7/7	BlkSash Test & Banquet Saturday 7/8	Sunday 7/9
8:00			Registration	Registration						
8:30			TSD	HRD						
9:00		Registration	Weapon Forms	Weapon Forms	Registration	Registration	Registration			
9:30					Meditation w/Sirny	Meditation w/Sirny	Meditation w/Sirny			
10:00		Grappling Takedowns- KSN (Open to All Students)	Open Hand Forms	Open Hand Forms	Open Seminar w/KSN	Open Seminar w/KSN	Open Seminar w/KSN	Open Seminar w/KSN	Black Sash Dan Testing	
10:30					Aerial Kicking	Gotoogi Submissions	Sparring Hand Combo	Practical Applications	Written Test	
11:00						Leg Locks		Street Fight		
11:30										
12:00		Lunch	Demo Competition	Yongtoogi	Lunch	Lunch	Lunch	Lunch	Compulsory Test	
12:30			Group Photo						Dan Form & Techniques	
13:00		Sparring Takedowns- KSN (Open to All Students)	Team Competition	Gotoogi	Open Seminar w/KSN	Open Seminar w/KSN	Open Seminar w/KSN	Instructor Meeting	Long Forms & Weapon Forms	
13:30			Sparring & Gotoogi		Gotoogi Submissions	Gotoogi Submissions	Sparring Kick Combo	TGT & TKC Instructors	Board & Power Break	
14:00					Arm Locks	Chokes		Meeting w/KSN	Dynamic Test	
14:30		Break		Team Weapon Fighting					Candidates vs All Dans	Travel Home
15:00		Gumtoogi- w/KSN (Open to All Students)	Sparring	Black Sash Divisions	Move to Bel Air Gym?	Move to Bel Air Gym?	Move to Bel Air Gym?		Yongtoogi	or
15:30				Weapon Forms					Gotoogi	Sight Seeing
16:00				Open Hand Forms	Open Seminar w/DJN	Open Seminar w/DJN	Open Seminar w/DJN		Bongtoogi	
16:30		Break		Yongtoogi	Sword Movements	Pobok Sul	Pressure Points		Gumtoogi	
17:00		Joint Manipulation -DJN (Open to All Students)	Gotoogi	Gotoogi						
17:30				Weapon Fighting	Black Sash Training	Black Sash Training	Black Sash Training			
18:00					w/DJN & TSD / Color Sash	w/DJN & TSD/Color Sash	w/DJN & TSD /Color Sash			
18:30					Training w/KSN	Training w/KSN	Training w/KSN			
19:00								Dinner (Optional)	Ceremony & Banquet	
19:30	Group Dinner									
20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner			
20:30	All Black Sash & Instrcutors	All Black Sash & Instrcutors	All Black Sash & Instrcutors	All Black Sash & Instrcutors	All Black Sash & Instrcutors	All Black Sash & Instrcutors	All Black Sash & Instrcutors			
21:00	Students Optional	Students Optional	Students Optional	Students Optional	Students Optional	Students Optional	Students Optional			
21:30										
22:00										

Location:

- Hall Sportiff "Tramsschapp" 47a Rue Ermesinde, 1469 Luxembourg
- Strassen Karate Dojo
- Bel Air Gym
- Double Tree Hotel